ISOKINETIC

VIRTUAL +

International Sports Medicine Online Clinic

Return to play, wherever you are

VIRTUAL+
The new Isokinetic Clinic

Isokinetic VIRTUAL+ is a real Isokinetic clinic, online, with the ability to reach patients everywhere in the world. Through the VIRTUAL+ sports medicine clinic, Isokinetic brings the experience of its Doctors and Physiotherapists directly into the homes of patients around the world.

Isokinetic is a specialist Sports Medicine and Rehabilitation Group, recognised as FIFA Medical Centre of Excellence, and a reference point in the orthopaedic and sports rehabilitation sectors. Whenever an injury occurs, you can trust our team of professionals in sports medicine: doctors, physiotherapists, hydrotherapists, osteopaths, and sports reconditioning experts. All close to you and focused on getting you back to what you love.

VIRTUAL+
ISOKINETIC

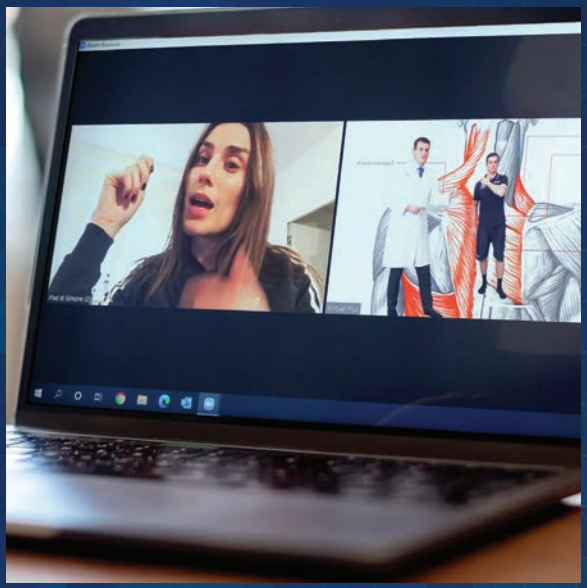
Why Virtual +?

Virtual, because we will connect with our patients at distance, through an online based approach, but this will be an enhanced (plus) service.

Everything about the service is aligned with Isokinetic's style and designed with the features of our **CIAO**:

Culture Image Atmosphere Organisation

In the VIRTUAL+ clinic patients will find the usual warmth, empathy and skill of our clinical team, throughout the diagnostic and therapeutic recovery processes.



VIRTUAL +
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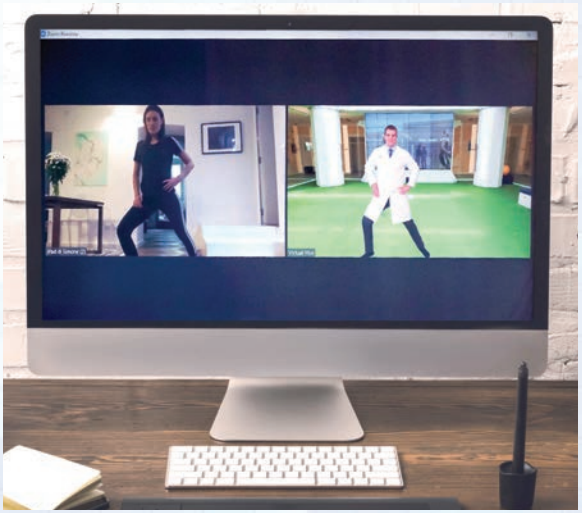
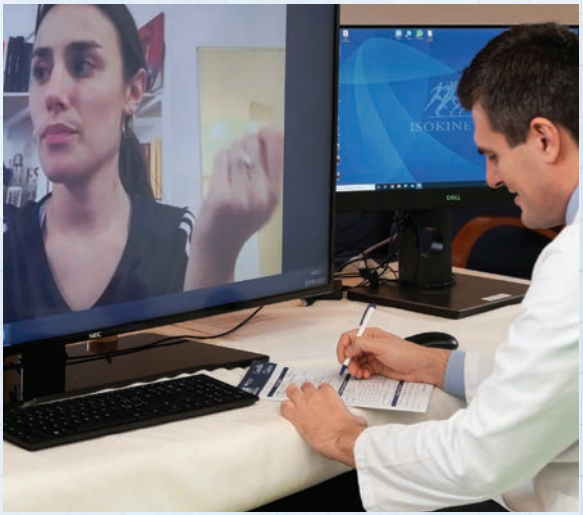
Virtual+ Services

TELE-CONSULTATION

Specialist medical consultation carried out using technological tools that allow the Medical Specialist to evaluate the patient's clinical picture.

The examination is essential for designing the rehabilitation path based of personalised exercise derived from the Isokinetic rehabilitation method. Doctor Kyriakos Tsapralis, a Medical Specialist with over 20 years of experience in sports medicine and international rehabilitation and Director of the Isokinetic Centre in Bologna will carry out the visit via ZOOM – direct to your computer, tablet or smartphone.





During the online sports tele-consultation, the Isokinetic Medical Specialist will ask you to perform specific movements that allow, together with the analysis of the clinical tests, to formulate the diagnosis. After diagnosing the injury and agreeing the goal of recovery with the patient you will then be managed by our Physiotherapist who will carry out the rehabilitation exercises with you.

VIRTUAL+
ISOKINETIC

Virtual+ Services

TELE-REHABILITATION

Personalised tele-rehabilitation session carried out online, comfortably at your home, under the guidance of one of our rehabilitation specialists.

In Isokinetic's Virtual+ clinic, tele-rehabilitation sessions are prescribed according to the personalised treatment protocol agreed with the Medical Specialist during the initial tele-medicine consultation, and are based upon the diagnosis and your specific goals and circumstances. The personalised tele-rehabilitation session will be carried out online, comfortably at your home, under the guidance of one of our rehabilitation specialists. All rehabilitation sessions

will be one-to-one with a dedicated and specialised physiotherapist that will take care of your health. The rehabilitation specialist will guide you on how to position your computer, smartphone or tablet to better enjoy the session, and will also explain how to get the simple tools and equipment you will use in the sessions. To book the tele-rehabilitation session, it is required, by our method, to have completed the initial tele-medicine consultation, or to have carried out the initial visit in one of our clinics.

VIRTUAL+
ISOKINETIC

VIRTUAL+
Advantages

VIRTUAL+ follows you wherever you go (travelling for work or holiday) and enhances therapeutic continuity.

+

Possibility of fully personalizing the therapeutic protocol.

+

One to one sessions with extreme attention to details.

+

High intensity 1h sessions.

+

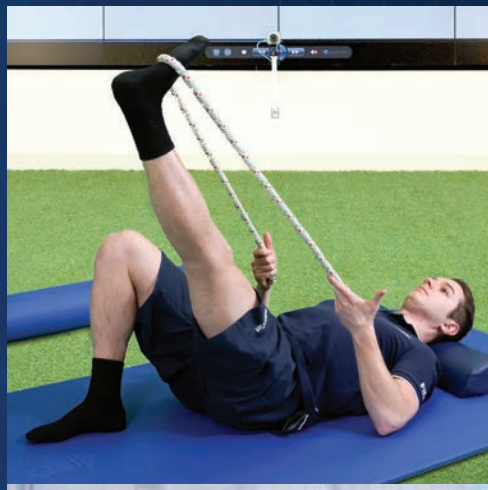
Possibility of sharing multimedia materials in real time: the patient can be recorded during the execution of the exercise, reviewing the video helps better understand the correct posture.

+

Possibility to review images or videos of previous sessions and evaluate improvements.

+

Sharing of anatomical images and patient's MRI and X-Rays.



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BOOK A CONSULTATION