

**Dr Matthew Stride** is the founding doctor of the London Clinic.

Trained in London, he was one of the first consultants in Sport and Exercise Medicine, training at Chelsea FC and the world renowned Headley Court Rehabilitation Centre.

Formerly he was the Chief Medical Officer for Brentford FC and has been team doctor at Commonwealth Games and for Sport Relief challenges.

Interest areas include the rehabilitation of ACL injuries, tendon issues and hypermobility.