FOOTBALL MEDICINE STRATEGIES
RETURN TO PLAY
Date
9th-10th April, 2016
Venue
The Queen Elizabeth II Conference Centre, London (UK)

4th SCIENCE OF FOOTBALL SUMMIT
Youth Football Development: an investment for the future
Date
11th April, 2016
Venue
The Queen Elizabeth II Conference Centre, London (UK)

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Peter Brukner & Stefano Della Villa

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KEY DATES
A recent study showed that only **55%** of players return to competitive sport following an anterior cruciate ligament reconstruction. Ardem CL et al, BJSM 2014

It is also demonstrated that the risk of sustaining a subsequent new ACL injury is **5.8%** for the ipsilateral and **11.8%** for the contralateral limb at a minimum of five years follow up. Wright RW et al, JBJS 2011

In the end, it is all about “Return to Play” (RTP), and the only question doctors, players and teams, seem to care about is “**when will the player be back on the field, safely?**”

RTP is a broad subject and this Conference aims to give you a wider vision, one which can help you to be successful in your career. We will do this by sharing the expertise and the knowledge that has taken those to the top of Football Medicine and Science. More specifically Return to Play will be analysed through sharing different points of view and disciplines: sports medicine, orthopaedics, sports science, physical therapy, psychology, general medicine, radiology, osteopathy, podiatry, athletic trainers and team coaches. Through this multidisciplinary approach you will gain a deeper understanding of the whole sports medicine and rehabilitation process, and not only the techniques themselves.

Our purpose is to bring health into the world of football. **There are nearly 300 million football players in the world** and we want to help, so that when you are part of the team caring for player health, you will have the skills to be at the top of world Football Medicine Community.
Make your country a stronger player
Once again the Conference will be organised in partnership with F-MARC, the FIFA Medical Assessment and Research Centre, hosting the annual meeting of FIFA Medical Centres of Excellence, the international excellence community leading health in and through the game of football.

1. **Chicharito**  
   **Play football**

2. **Diego Forlán**  
   **Respect girls and women**

3. **Neymar**  
   **Protect yourself from HIV and STDs**

4. **Cristiano Ronaldo**  
   **Avoid drugs, alcohol and tobacco**

5. **Falcao**  
   **Control your weight**

6. **Carles Puyol**  
   **Wash your hands**

7. **Marta**  
   **Drink clean water**

8. **Lionel Messi**  
   **Eat a balanced diet**

9. **Didier Drogba**  
   **Get vaccinated**

10. **Gianluigi Buffon**  
    **Take your prescribed medication**

11. **Vicente del Bosque**  
    **Fair play**
Take your Chance

OPEN YOUR MIND  LEARN
DEVELOP YOUR PROFESSIONAL NETWORK
INTERACT  MEET NEW PEOPLE
LAUNCH YOUR FUTURE CAREER
BE MOTIVATED

info: students@isokinetic.com
Scientific Programme

Saturday 9th April, 2016 - Morning  QEI Conference Centre

Fleming Room

9:00  Official Welcome  Brukner P (AUS), Della Villa S (ITA)

The international landscape of Return to Play (RTP)

Chairs:  
D’Hooghe M (BEL), Della Villa S (ITA)

9:15  Scientific review of RTP  
Bahr R (NOR)

9:30  Surgical implications for RTP  
Williams A (UK)

9:45  Role of clinical judgement in RTP decisions  
Batty P (UK)

10:00  RTP: the role of the team doctor  
Dvorak J (SUI)

10:15  The historical battle in RTP decisions: criteria vs time  
Snyder-Mackler L (USA)

10:30  Discussion
11:00  Break

Fleming Room

Basic science and RTP

Chairs:  
Gobbi A (ITA), Haddad F (UK)

11:30  Injury patterns and RTP principles  
Shrier I (CAN)

11:45  Overview of biomechanics, orthobiologics and RTP issues  
Mandelbaum B (USA)

12:00  Surgical advances for earlier RTP  
Erggelet C (SUI)

12:15  Progressive mechanical stimuli in the recovery process  
Cook J (AUS)

12:30  Neuroscience: “brain pain” and sports recovery  
Lindsay M (CAN)

12:45  Discussion
13:00  Break

Churchill Auditorium

RTP in shoulder and spinal pathologies

Chairs:  
Axe M (USA), Mayer M (GER)

11:30  RTP after shoulder surgical stabilisation  
Landreau P (QAT)

11:45  RTP after rotator cuff injuries  
Randelli P (ITA)

12:00  RTP in spondylolysis and vertebral pedicle fracture  
Fahy D (UK)

12:15  RTP for conservatively managed low back pain  
Todd C (UK)

12:30  RTP after herniated disc surgery  
Tenczone F (ITA)

12:45  Discussion
13:00  Break

Workshops Area

Muscle Tech Network - FC Barcelona

Chair: Til Pérez L (ESP)

Latest researches on muscle injuries classification, prevention, rehabilitation and return to play
**Fleming Room**

**RTP following ACL injury**

Chairs: Cohen M (BRA), Marcacci M (ITA)

14:30 RTP after ACLR in men's professional football
Waldén M (SWE)
14:45 RTP in ACL: criteria vs time
Weiler R (UK)
15:00 Role of prehabilitation in accelerated RTP
Risberg MA (NOR)
15:15 RTP after ACLR: outcome predictors analysis
Della Villa F (ITA)
15:30 Prevention and management of ACLR complications
Fu F (USA)
15:45 Discussion
16:00 Break

**Impact of knee injuries on RTP**

Chairs: Ferretti A (ITA), Nathwani D (UK)

16:30 RTP following conservative treatment of the MCL
Goedhart E (NED)
16:45 Can posterolateral corner surgery influence the outcome?
Zorzi C (ITA)
17:00 RTP following meniscal lesions
Neyret P (FRA)
17:15 RTP after cartilage surgery: time or criteria?
Espregueira-Mendes J (POR)
17:30 RTP after multiple ligament injuries
Denti M (ITA)
17:45 Discussion
18:00 End of the day

**Churchill Auditorium**

**How to manage RTP for hip and groin injuries**

Chairs: Griffin D (UK), Zaslav K (USA)

14:30 RTP in adductor-related groin pain
Brukner P (AUS)
14:45 Prevention of recurrence of adductor-related groin pain
Weir A (NED)
15:00 RTP after groin surgery
Kemp S (UK)
15:15 RTP after adductor longus avulsion
Schilders E (UK)
15:30 RTP following hip arthroscopy
Holmich P (DEN)
15:45 Discussion
16:00 Break

**RTP in foot & ankle injuries**

Chairs: Andersen TE (NOR), Smith G (UK)

16:30 RTP following conservative treatment of ankle sprain
Garcia Cota JJ (ESP)
16:45 Getting to the point... return to performance in football and ballet
Bed P (UK)
17:00 RTP in stress fractures of ankle and mid foot
D’Hooghe P (QAT)
17:15 RTP in V metatarsal fracture
Vannini F (ITA)
17:30 RTP in retrocalcaneal bursitis: surgery or conservative treatments
Pereira H (POR)
17:45 Discussion
18:00 End of the day

**Workshops Area**

**Scientific Association Symposia**

**ISEH** Chair: Haddad F (UK)
**ISMULT** Chair: Maffulli N (ITA)
**ECOSEP** Chair: Malliaropoulos N (GRE)
**IFSPT** Chair: Bizzini M (SUI)
Can regenerative medicine change RTP outcomes?
Chairs: Filardo G (ITA), Mithofer K (USA)
8:00 PRP and RTP: scientific, clinical and ethical implications
Mauffulli N (ITA)
8:15 Future trends: are Stem Cells the answer?
De Girolamo L (ITA)
8:30 Regenerative medicine role in RTP after muscle and tendon injuries
Cugat R (ESP)
8:45 How can regenerative medicine affect RTP after cartilage injuries?
Williams R (USA)
9:00 A team’s experience with regenerative medicine
Medina D (ESP)
9:15 Discussion

RTP following muscle injuries
Chairs: Lewin C (UK), Mavillaropulos N (GRE)
9:30 Managing RTP in patients with recurrent hamstring injuries
Asking C (SWE)
9:45 RTP after quadriceps injury
Fever D (UK)
10:00 RTP case history after adductor injury
Iqbal Z (UK)
10:15 Calf injuries and RTP considerations
O'Neill S (UK)
10:30 RTP after compartment syndrome
Edwards T (NZL)
10:45 Discussion
11:00 Break

RTP following Tendon injuries
Chairs: Benazzo F (ITA), Engebretsen L (NOR)
11:30 Healing of tendon structure and restoration of function
Maschi L (UK)
11:45 RTP in conservative management of anterior knee pain
Khan K (QAT-CAN)
12:00 Surgical choices for patellar tendon injury
and implications for RTP
Alfredson H (SWE)
12:15 RTP in conservative management of ankle tendon pathology
Fearn J (UK)
12:30 Surgical choices for ankle tendon injuries
and implications for RTP
Calder J (UK)
12:45 Discussion
13:00 Break

Long term consequences of injuries
Chairs: Batt M (UK), Papacostas E (GRE)
8:00 Managing the last years of career of "high injury risk" player
Sas K (BEL)
8:15 Most common medical problems in players after retirement
Serratos L (ESP)
8:30 Life after football: medical care for ex footballers
Cowie C (UK)
8:45 Mental health in current and retired players
Gouttebarge V (NED)
9:00 Long term management of OA in the retired players
Roos E (DEN)
9:15 Discussion

Medical and psychological issues in RTP
Chairs: Beasley I (UK), Pigozzi F (ITA)
9:30 RTP criteria following concussion
Perry M (UK)
9:45 Heart disease and the complications for RTP
Shama S (UK)
10:00 RTP following medical illness
Schwellnus M (RSA)
10:15 Nutrition support during injury and RTP
Maughan R (UK)
10:30 Cognitive behavioural therapy and fear of re-injuries
Marcacci T (ITA)
10:45 Discussion
11:00 Break

RTP and the nightmare of re-injury
Chairs: Berruto M (ITA), Forssblad M (SWE)
11:30 Re-injuries in the UEFA Elite Club Injury Study
Ekstrand J (SWE)
11:45 Secondary prevention following knee surgery
Silvers H (USA)
12:00 Secondary prevention for muscle and tendon injuries
Witvrouw E (QAT)
12:15 Managing RTP in players with history of recurrence
Eiraie C (QAT)
12:30 Training load and injury risk: can technology help to navigate in the perfect storm?
Gabbett T (AUS)
12:45 Discussion
13:00 Break

BEST CASE REPORT AWARD
9:30 CONTEST SESSION 1
Selected paper from #1 to #7
11:30 CONTEST SESSION 2
Selected paper from #8 to #14
13:00 Award Ceremony for the best three clinical case reports
### Fleming Room

**Functional exercises and RTP**

**Chairs:** Spalding T (UK), Zanobbi M (UK)

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>14:30</td>
<td>The foundation of RTP: no pain, no swelling, full ROM</td>
<td>Hambly K (UK)</td>
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<td>14:45</td>
<td>The &quot;progressive load&quot; concept in RTP process</td>
<td>Diiguigiovanni A (ITA)</td>
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<td>15:00</td>
<td>Neuromuscular training in RTP</td>
<td>Hewett T (USA)</td>
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<tr>
<td>15:15</td>
<td>Manual therapies and exercise in RTP process</td>
<td>Clancy D (UK)</td>
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<tr>
<td>15:30</td>
<td>Functional training approach: progression from the beginning to RTP</td>
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<td>15:45</td>
<td>Discussion</td>
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<td>16:00</td>
<td>Break</td>
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### Churchill Auditorium

**Monitoring RTP process**

**Chairs:** Melegati G (ITA), Narici M (UK)

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<th>Time</th>
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<tbody>
<tr>
<td>14:30</td>
<td>The value of pre-season testing and screening for RTP</td>
<td>Ueblacker P (GER)</td>
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<tr>
<td>14:45</td>
<td>Imaging’s role in RTP process</td>
<td>Lee J (UK)</td>
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<td>15:00</td>
<td>Hop testing as an indicator for RTP</td>
<td>Falvey E (IRL)</td>
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<td>15:15</td>
<td>Blood and laboratory testing options</td>
<td>Banfi G (ITA)</td>
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<td>15:30</td>
<td>Role of patient reporting in RTP outcomes</td>
<td>Irgang J (USA)</td>
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<td>15:45</td>
<td>Discussion</td>
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<td>16:00</td>
<td>Break</td>
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### Fleming Room

**Football reconditioning and RTP**

**Chairs:** English B (UK), Neville C (UK)

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<th>Time</th>
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<th>Speaker(s)</th>
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<tbody>
<tr>
<td>16:30</td>
<td>Science of football reconditioning and RTP</td>
<td>Dupont G (FRA)</td>
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<tr>
<td>16:45</td>
<td>Use of the pool in football reconditioning</td>
<td>Puig P (FRA)</td>
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<tr>
<td>17:00</td>
<td>Use of the pitch in football reconditioning</td>
<td>Forsythe S (UK)</td>
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<td>17:15</td>
<td>Planned performance reconditioning - the bridge for a return to team training</td>
<td>Knowles B (USA)</td>
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<tr>
<td>17:30</td>
<td>From football reconditioning to the first competitive match</td>
<td>Gimpel M (UK)</td>
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<td>17:45</td>
<td>Discussion</td>
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<td>18:00</td>
<td>End of the day</td>
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### Churchill Auditorium

**Objective evaluation in RTP decision**

**Chairs:** Rosa D (ITA), Sonnery-Cottet B (FRA)

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<tbody>
<tr>
<td>16:30</td>
<td>Movement analysis for RTP decision making</td>
<td>Franklyn-Miller A (IRL)</td>
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<tr>
<td>16:45</td>
<td>The role of isokinetic testing in RTP decision making</td>
<td>Olmo J (ESP)</td>
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<td>17:00</td>
<td>The aerobic and anaerobic threshold test</td>
<td>Fazzini D (ITA)</td>
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<td>17:15</td>
<td>Laxity measurement tools</td>
<td>Zaffagnini S (ITA)</td>
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<tr>
<td>17:30</td>
<td>Football specific field testing</td>
<td>Lewin G (UK)</td>
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<tr>
<td>17:45</td>
<td>Discussion</td>
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### Workshops Area

**Scientific Association Symposia**

**ISEH** Chair: Haddad F (UK)

**ISMULT** Chair: Maffulli N (ITA)

**ECOSEP** Chair: Malliaropoulos N (GRE)

**IFSPT** Chair: Bizzini M (SUI)
Free Oral and Poster Sessions

The Scientific board of the 2016 Return To Play Conference encourages all to contribute and help shape the conference through submissions of original research abstracts, papers and posters. Sharing your experience with the Football Medicine Community provides more opportunities for communication on research topics and the exchange of practical information. It is the largest gathering of the world’s specialists in Football Medicine, so there is a great opportunity to discuss with and get feedback from other researchers and practitioners in the field.

How? You can participate by either presenting Free Oral Communication or a Free Poster Communication. Please write to conference@isokinetic.com for further information about abstract submission guidelines.

Key date: abstracts have to be submitted by January 15, 2016. All the accepted abstracts will be published in the Abstract Book, which is distributed to all participants during the Conference and available in bookshops after the event. Get involved!

Free Oral Communications on Return to Play

Saturday 9th April, 2016

11:30  Basic science and regenerative medicine
       Chairs: Madonna V (ITA), Panics G (HUN)

14:30  Rehabilitation
       Chairs: Bianchetti D (ITA), Tsoukas D (GRE)

16:30  Functional assessment
       Chairs: Buckthorpe M (UK), Susta D (IRL)

Sunday 10th April, 2016

9:30   Orthopaedic surgery
       Chairs: Angele P (GER), Ardevol J (ESP)

11:30  Medical issues
       Chairs: Pedrinelli A (BRA), Stride M (UK)

14:30  Muscle and tendon injuries
       Chairs: Nanni G (ITA), Rogers R (UK)

16:30  Joint injuries
       Chairs: Danelon F (ITA), Tsapralis K (ITA)

Free Poster Communications on Return to Play

Saturday 9th April, 2016

13:30  Basic science and regenerative medicine
       Chairs: Filardo G (ITA), Turmo A (ESP)

13:30  Rehabilitation
       Chairs: Boldrini L (ITA), Marconato A (UK)

13:30  Orthopaedic surgery
       Chairs: Respiuzzi S (ITA), Vannini F (ITA)

13:30  Functional exercises
       Chairs: d’Orsi G (ITA), Freschi M (ITA)

Sunday 10th April, 2016

13:30  Monitoring return to play process
       Chairs: Brotto E (ITA), Roi GS (ITA)

13:30  Reconditioning
       Chairs: Tomaello L (ITA), Tzouroudis N (GRE)

13:30  Return to play in other sports
       Chairs: Broman D (UK), Zunarelli P (ITA)
Youth Football Development: an investment for the future

The Academies of Football Clubs develop talented young footballers from the age of 8 to 20 years old with the goal of facilitating the transition of young players into the first team. Amongst this pool of young talent grows the superstars of tomorrow. This is why we have decided to focus the attention of the 4th Science of Football Summit on the development of the young footballer. Like the past years, the Monday symposium is specifically designed for those specialists involved in the development of young players: launching this talent, medical services and health programmes, prevention and treatment of injuries, physical preparation, and the technical and development coaching.

Monday 11th April, 2016 QEII Conference Centre
Churchill Auditorium

Scientific Programme

9:00 Opening and Welcome Davison M (UK), Roi GS (ITA)

Youth Athletic Development
Chairs: Gregson W (UK), Roddy G (UK)
9:15 Youth Development and elite player performance plan Roddy G (UK)
9:30 The Belgium vision on Youth Development Browaeys B (BEL)
9:45 Managing and launching great talents: “cantera” of FC Barcelona Til Pérez L (ESP)
10:00 Tracking the player: 10 years injury histories and performance in a French football academy McCall A (FRA)
10:15 Medical services in academies: the vision of Manchester City Downie G (UK)
10:30 The USA model: high school and college sports Health Program Silvers H (USA)
10:45 Discussion
11:00 Break

Keynote Lecture
Chair: Tyler M (UK)
11:30 Managing young players (Leading Manager)

Managing load on young footballers
Chairs: Iga J (UK), Massey A (UK)
12:00 General principles of load management in academies Drust B (UK)
12:15 Optimising neuromuscular performance in young footballers Mendez-Villanueva A (QAT)
12:30 Athletic development strategies for adolescent athletes Knowles B (USA)
12:45 Monitoring training load in elite adolescent athletes Abbott W (UK)
13:00 Monitoring workloads in young footballers Lemmink K (NED)
13:15 Discussion
13:30 Break

How to prevent and treat the most frequent injuries
Chairs: De Carli A (ITA), Servien E (FRA)
14:30 Osteochondritis dissecans Chomiak J (CZE)
14:45 ACL and meniscus injuries in adolescents Seil R (LUX)
15:00 Low back pain in adolescent players Mayer M (GER)
15:15 Medico legal and ethics implication in adolescents’ RTP Millson H (UK)
15:30 Discussion

Building a Youth Player Development Consensus Statement
Chairs: Armstrong N (UK), Brukner P (AUS)
16:00 FIFA 11+ Kids Bizzini M (SUI)
16:15 USA STOP Programme Reider B (USA)
16:30 IOC: Young Player Development Armstrong N (UK)
16:45 Discussion
17:00 End of the Conference
London has a special place in the history of football, and it is the city with the highest number of high level football teams in the world. Aside from this, London has hosted the Summer Olympics Games three times, the Paralympic Games, the Commonwealth Games, the Rugby World Cup, NFL International Series, Wimbledon’s Tennis Championships, and other international sporting events.
Best Case Report Award

Have you undertaken original research on specific player injuries that you have treated? This is your occasion! On Sunday 10th April 2016, during RTP2016, you have the chance to present your case report and share it with the International Football Medicine Community in an official scientific session. A jury of four of the most important specialists in the field will evaluate the presentations and award the three best case reports. These will win a prize. For 1st there is a prize of £1,500 together with the possibility to participate in the 2017 Conference as an official speaker. Write to the Organising Secretariat conference@isokinetic.com to receive all the guidelines.

Injuries turn into stories
Narrative Medicine teaches us that clinical pearls can be memorable if attached to real events or an actual person. Clinicians enjoy reading case reports and find them helpful in everyday practice.

Share your story with us
The Best Case History Award is an opportunity for you to share, with international colleagues, the experience learned from one patient you have accompanied from the moment of trauma to the time of Return to Play.

How to present the story
The authors should send the abstract of the Case Report in English, using the special form enclosed (*), to conference@isokinetic.com. The maximum number of authors is three and the first one will present the case. The first author may submit only one abstract.

Compete for the Award
To compete for the Award the participant needs to complete the administrative procedure to subscribe and pay the conference subscription. The abstract should be sent between 1st November 2015 and 1st February 2016.

The selection phase
All the abstracts will be reviewed by a Scientific Committee that will assign a score to each abstract considering: information presented in a logical sequence, appropriate for the topic, relevance for Return to Play, objective criteria used during the recovery process.

The final phase
The best fourteen abstracts will be presented in the Mountbatten Room, at the QEII Conference Centre. The abstracts of the other contestants will be included in free paper sessions (oral presentation and poster) and will be printed in the official abstract book.

The judges’ panel
Four judges will chair the final phase. This will be divided into two different sessions of seven presentations. Each speaker will have 10 minutes. The judges’ panel will decide the final ranking considering: quality of the slides, conclusions supported by the results, take home message, impact on Return to Play and ability to answer questions professionally.

The Awards Ceremony
The £1,500 (1st Prize), £1,000 (2nd Prize) and £500 (3rd Prize) Awards will be presented by the judges in a dedicated ceremony in the Mountbatten Room. The winner of the first prize will also be invited as an official speaker in the next edition of the Conference.
Faculty

Abbott Will
Brighton (UK)
Sports Scientist, Strength & Conditioning Coach at Brighton and Hove Albion FC

Alfredson Hakan
Umeå (SWE)
Orthopaedic Surgeon, Professor in Sports Medicine, Umeå University. Head of Alfredson Tendol Clinic UmeÅ, Sweden. Consultant Orthopaedic Surgeon, Pure Sports Medicine, London

Andersen Thor Einar
Oslo (NOR)
Sports Medicine Physician and Specialist in Physical and Rehabilitation Medicine, Chief Medical Officer Norwegian FA and Medical Director of the Norwegian FA Clinic. Professor, Oslo Sports Trauma Research Center - FIFA Medical Centre of Excellence

Angele Peter
Regensburg (GER)
Orthopaedic Surgeon, University Medical Centre, Regensburg and Sporthealpium - FIFA Medical Centre of Excellence

Arndt Cuesta Jordi
Barcelona (ESP)
Orthopaedic Surgeon. Vice President of the Spanish Society of Sports Traumatology (SETRADE)

Armstrong Neil
Exeter (UK)
Professor of Pediatric Physiology and former Provost, University of Exeter

Askling Carl
Stockholm (SWE)
Researcher and Lecturer, The Swedish School of Sport and Health Sciences, Department of Molecular Medicine and Surgery, Karolinska Institutet, Stockholm

Axe Michael
Newark (USA)
Orthopaedic Surgeon & Clinical Professor, University of Delaware

Bahr Roald
Oslo (NOR)
Sports Medicine Physician, Professor of Sports Medicine, Oslo Sports Trauma Research Center - FIFA Medical Centre of Excellence, Chief Medical Officer, Olymipatoppaen & Norwegian Olympic Training Center. Head of Aspetar Injury & Illness Prevention Program, ASPETAR - FIFA Medical Centre of Excellence

Banzi Giuseppe
Milan (ITA)
Scientific Director, IRCCS Galeazzi Orthopaedic Institute and Professor of Clinical Biochemistry, Vita e Salute San Raafaele University, Milan

Batt Mark
Nottingham (UK)
Director, Arthritis Research UK Centre for Sport, Exercise and Osteoarthritis. Consultant Sport & Exercise Medicine, Queens Medical Centre

Batty Phil
London (UK)
Sports Medicine Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence

Beasley Ian
London (UK)
Sports Medicine Physician, Head of Medical Services, Club England Division, The FA. Medical Advisor, The Royal Ballet

Bell Phillip
London (UK)
Sports Medicine Physician, The Paddock Clinic. Consultant to Goldman Sachs, Royal Ballet School and Derby County F.C.

Benazzo Francesco
Pavia (ITA)
Chairman, Orthopaedic and Traumatologic Civia, University of Pavia. Consultant to Italian Track & Field

Berruto Massimo
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Zunarelli Pierpaolo
Bologna (ITA)
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Stay and Transfers

Organise your trip to London in advance and save money. Viaggi Salvadori 1929 – Lufthansa City Center is just a click away, ready to help your planning. Booking online: http://isokinetic.viaggisalvadori.net/ or email queries at isokinetic2016@viaggisalvadori.it

A limited number of rooms are also available at the St Ermins Hotel **** (the closest to the QEII CC)

For further information regarding prices and availability, please email isokinetic2016@viaggisalvadori.it

How To Reach Us

The Queen Elizabeth II Conference Centre

Broad Sanctuary, Westminster, London SW1P 3EE

By Tube
• Westminster – Jubilee, Circle & District lines (160m)
• St James’ Park – Circle & District lines (160m)
• Victoria – Victoria, Circle & District lines (0.7mi / 1km)

By Rail
Exit all stations towards Westminster Abbey
• Charing Cross (0.7mi / 1km)
• Victoria – for Gatwick Airport (0.7mi / 1km)
• Waterloo (1mi / 1.6km)
Commercial Opportunities

Isokinetic Medical Group welcomes all companies to participate as commercial partner. There are many options to choose, including the hire of exhibit spaces, inserts in delegate bags and an active participation by way of scientific contributions, such as workshops. This is a great opportunity to receive a high visibility and, at the same time, to come into contact with an international audience that is always attracted by new technologies and updated techniques. Our Organising Secretariat is at your disposal to supply customised solutions and to suggest what would work better for your own objectives. Write to conference@isokinetic.com your enquiry or requests, we will be happy to help you.

How to Become Partner

Exhibit spaces

Exhibit spaces are located throughout the Conference centre, in specific areas where the flow of people is enhanced by the presence of conference rooms and the scientific programme. All the booths are placed in positions that guarantee a high exposure to visitors and allow for enough room to speak and establish connections. The Organising Secretariat will give you the full detailed plans of exhibit spaces, sizes and prices. Don’t loose this opportunity!

Workshops

A dedicated conference room is available to hold a private workshop. It will be added to the scientific programme of the Conference and in the final programme that all delegates receive. The workshop is like a “mini-conference” run and organised by yourself, with your own programme. We will give you the room and explain to you the different categories of event that you can run. Here you will have the chance to promote your products or technologies and visitors can sit and listen to your “conference”. The time slots available are the same as those given to the session of the official scientific programme, so you can choose the one that you prefer. Ask the Organising Secretariat for further details.
For online registration please visit www.FootballMedicineStrategies.com and fill the form in the Register section.

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<tr>
<th>ATTENDANCE</th>
<th>Until February 1st 2016</th>
<th>From February 2nd 2016</th>
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<tbody>
<tr>
<td>Both Days + Monday Summit</td>
<td>£ 390 / 250*</td>
<td>£ 590 / 350*</td>
</tr>
<tr>
<td>Single Day (Saturday, Sunday or Monday)</td>
<td>£ 250 / 150*</td>
<td>£ 300 / 200*</td>
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*Valid certifications will be requested filling the registration form.

Large groups can contact the Conference Management Team at conference@isokinetic.com for special affiliations.

Groups of students can contact students@isokinetic.com

The registration fee for participants includes:
- Admission to all scientific sessions
- Admission to the exhibition hall and networking area
- Admission to sponsored workshops (dependent on room capacity)
- Conference material (conference bag, abstract book & conference programme)
- Tea & coffee breaks
- Certificate of attendance
- Free Wi-Fi

Payment
Payment for the Conference can be made by credit card or bank transfer. All payments must reflect the registration option selected and deferred payments will not be accepted. Further information is available at www.FootballMedicineStrategies.com

Cancellation
If you need to cancel your registration, please notify us by fax (+39 051 19902200) or by e-mail (conference@isokinetic.com). There is a refund of 75% registration fee before 7th March 2016.

Official language
The official language is English.

Key Dates

<table>
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<tr>
<th>Memorandum</th>
<th>Date</th>
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<tbody>
<tr>
<td>Deadline for submission of scientific contributions</td>
<td>January 15th 2016</td>
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<tr>
<td>Deadline for early bird registration</td>
<td>February 1st 2016</td>
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<tr>
<td>Deadline for Best Case Report Award</td>
<td>February 1st 2016</td>
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<tr>
<td>Confirmation of scientific contributions acceptance</td>
<td>February 25th 2016</td>
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<tr>
<td>Online registration finishes</td>
<td>April 7th 2016</td>
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www.isokinetic.com
www.FootballMedicineStrategies.com

Education in Sports Rehabilitation and Traumatology

FIFA
FOOTBALL FOR HEALTH
F-MARC

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FIFA Medical Centre of Excellence

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