Football Medicine Strategies for Muscle & Tendon Injuries

20th-21st April, 2013 - London
The Queen Elizabeth II Conference Centre

22nd April, 2013 - Wembley Stadium
Science of Football Summit
Index

page 3  A CONFERENCE TOPIC FOR ALL

5  THE INTERNATIONAL DEBATE

7  CONFERENCE VENUES

8  SCIENTIFIC PROGRAMME
  SATURDAY, APRIL 20th

10  SCIENTIFIC PROGRAMME
  SUNDAY, APRIL 21st

12  PARALLEL EVENTS

13  HOW YOU CAN GET INVOLVED

13  SCIENTIFIC PROGRAMME
  FREE ORAL AND POSTER SESSIONS

15  THE SCIENCE OF FOOTBALL SUMMIT
  SCIENTIFIC PROGRAMME
  MONDAY, APRIL 22nd

16  OUR STORY

18  FACULTY

26  HOW TO JOIN US

26  COMMERCIAL OPPORTUNITIES

26  KEY DATES

27  REGISTRATION

27  ACCOMMODATION
A Conference Topic for All

The ‘Football Medicine Community’ is regularly confronted by muscle and tendon injuries to football players. In dealing with these injuries it is essential that all stakeholders are involved in the dialogue; including discussions over their prevention, diagnosis, treatment and rehabilitation.

Medical Staff
Doctors and physiotherapists at sports teams treat numerous muscular injuries per year and face constant pressures when diagnosing, estimating recovery time and mitigating against the risk of re-injury. Constant learning in this field is essential to improve the level of advice given to coaching staff.

Orthopaedic Surgeons
Orthopaedic surgeons are presented with a wide range of conditions, ranging from relatively simple cases to the most complex and debated issues in Sports Medicine. Key topics covered in this conference will therefore include chronic tendinopathies, ruptured tendons and muscle lesions.

Rehabilitation Specialists
Strength & Conditioning coaches, athletics trainers and other rehabilitation practitioners are responsible for guiding the athlete towards optimal performance via gradual and complete functional recovery programmes. Despite this period being one of the latter stages of the injury continuum, it is often susceptible to failure and should therefore be considered appropriately in order to minimise the risk of further injury.

Technical & Coaching Staff
Coaching and technical staff have the responsibility of managing athletes who compete in up to 70 matches and over 200 training sessions per year. With such a high risk of overload injuries, it is important that they are educated on the intricacies of these injuries including their prevention and proper rehabilitation.

This conference programme has been designed to promote a multidisciplinary approach where the audience can understand each topic from a number of perspectives. Muscle and tendon injuries are often managed in isolation by individual specialists, resulting in insufficient communication between all those involved in the recovery process. Many will agree that best results are achieved when a team collaborates fully integrating the collective areas of expertise.
A Football Medicine Community
2012’s conference confirmed that there is a strong and devoted Football Medicine family, with delegates attending from over 63 countries. It was clear that delegates shared a common desire for professional development in order to both improve the general health of the footballer and aid athletes in reaching optimal performance. The conference itself proved that such events offer opportunities to meet colleagues, discuss best practice across geographies, leagues and other sports, and share knowledge in the field of Football Medicine.

London, a Crossroad of Cultures
The recent 2012 Olympics confirmed to all that London is a truly global city, not only for Sport and Sports Medicine. Whilst this has become a reality during the course of the last century, recent events have illustrated the continued internationalisation of London and the numbers speak for themselves: over 213 different nationalities coexist in London with reciprocal respect and freedom. Once again, we will welcome delegates from all corners of the world.

FIFA’s Vision
F-MARC, FIFA’s Medical Assessment and Research Centre has “over three hundred million football players to take care of”. Through the ‘11+’ and ‘11 for Health’ programmes, F-MARC plans to deliver messages of health and injury prevention around the world. As a FIFA Medical Centre of Excellence ourselves, we are proud to support FIFA in their global mission.
Conference Venues

FOOTBALL MEDICINE STRATEGIES FOR MUSCLE & TENDON INJURIES
The Queen Elizabeth II Conference Centre

In the very heart of London and Westminster, The QEII Conference Centre is ideally located to take advantage of everything London has to offer. Uniquely situated in the shadow of Big Ben, Westminster Abbey and the London Eye, this award-winning, purpose-built venue was also the base of Casa Italia (home of the Italian Olympic Committee) during the London Olympics.

The conference will benefit from parallel sessions, with capacities of 780 in the ‘Fleming Room’ and 450 in the ‘Churchill Auditorium’, which has even hosted the likes of Nelson Mandela. Furthermore a communal networking area (a British Agorà) will assist in providing scientific updates to an international community. The exhibition area, situated on the third floor, will host working lunches and coffee breaks for both delegates and speakers.

THE SCIENCE OF FOOTBALL SUMMIT
Wembley Stadium

On Monday 22nd April the Conference moves to the home of English football, Wembley Stadium, for the Science of Football Summit. This world famous venue will play host to both theoretical and practical tutorials from experts in the field. Practical sessions will take place on the astroturf pitches of the Wembley complex, whilst lectures will be delivered in the stadium’s modern, purpose-built conference halls. Coaches, fitness staff and athletic trainers will all benefit from this truly inspirational venue to debate medical and scientific issues relating to muscle and tendon injuries. Topics will be shaped by real experiences emerging from the playing field.
Scientific Programme
Saturday 20th April, 2013
The Queen Elizabeth II Conference Centre
FLEMING ROOM

9:00 Official Welcome Ian Beasley (UK), Mike Davison (UK)

Session 1
The Landscape
Chairs: Stefano Della Villa (ITA), Michel D’Hooghe (BEL)
9:15 FIFA’s F-MARC strategies Jiri Dvorak (SUI)
9:30 Muscle & tendon epidemiology Jan Ekstrand (SWE)
9:45 Muscle injury prevention Roald Bahr (NOR)
10:00 Muscle injuries: developments over the last 30 years Hans Wilhelm Müller-Wohlfahrt (GER)
10:15 Muscle injuries: the proposal of a new classification system Peter Ueblacker (GER)
10:30 Discussion
11:00 Break

Session 2
Groin Pain
Chairs: Per Holmich (DEN), Damian Griffin (UK)
11:30 A clinical overview Peter Brukner (UK)
11:45 Surgical innovation Ulrike Muschaweck (GER)
12:00 Groin pain and the Hip Joint Bert Mandelbaum (USA)
12:15 Does the sportsman’s hernia exist? Chris Bradshaw (AUS)
12:30 When should a player return to full training Bryan English (UK)
12:45 Discussion
13:15 Break

Session 3
The Hamstrings Muscle Group
Chairs: Fabrizio Margheritini (ITA), Kai Mithoefer (USA)
14:30 Experiences after 20 years in Serie A Fabrizio Tencone (ITA)
14:45 UEFA’s study group report Markus Walden (SWE)
15:00 The AFL study group report John Orchard (AUS)
15:15 Hamstring reattachment Fares Haddad (UK)
15:30 Proximal hamstring avulsions in professional footballer Bertrand Sonnery-Cottet (FRA)
15:45 Discussion
16:15 Break

Session 4
Foot and Ankle Tendons
Chairs: Antonio Delcogliano (ITA), Graham Smith (UK)
16:45 The footballer’s Achilles tendon Francesco Benazzo (ITA)
17:00 Imaging and intervention in Achilles tendinopathy Jerry Healy (UK)
17:15 Partial rupture and repair of the Achilles tendon Mark Davies (UK)
17:30 Surgical treatments for ankle tendons Sandro Giannini (ITA)
17:45 Strengthening the chain Bill Knowles (USA)
18:00 Discussion
18:30 End of the session
International Conference on Sports Rehabilitation and Traumatology

Session 10
New Frontiers in Tendinous Interventions
Chairs: Thor Einar Andersen (NOR), Jonathan Bell (UK)
11:30 Ankle function is the key James Calder (UK)
11:45 Biotechnology in the healing of tendons Alberto Gobbi (ITA)
12:00 Preservation of the Achilles tendon Hakan Alfredson (SWE)
12:15 Shockwave therapy Furio Danelon (ITA)
12:30 Discussion
13:00 Break

Session 11
Imaging
Chairs: Mario Padron (ESP), James Brown (UK)
14:30 The possibilities in imaging for muscles and tendons Simon Blease (UK)
14:45 Groin pain and FAI imaging Mario Padron (ESP)
15:00 The role of ultrasound for the sports physician Pierpaolo Zunarelli (ITA)
15:15 Imaging and surgery Dimitrios Tsoukas (GRE)
15:30 Discussion
16:00 Break

Session 12
Upper Limb Injuries
Chairs: Simon Kemp (UK), Riccardo Minola (ITA)
16:45 Goalkeepers and the unstable shoulder Andrew Wallace (UK)
17:00 Tendon lesions and the healing process Alessandro Castagna (ITA)
17:15 Lessons from American Football Michael Axe (USA)
17:30 Shoulder tendons and PRP Pietro Randelli (ITA)
17:45 Discussion
18:30 End of the session

Scientific Programme
Saturday 20th April, 2013
The Queen Elizabeth II Conference Centre
CHURCHILL AUDITORIUM
Session 5
PRP Therapy in Muscle and Tendon Injuries
Chairs: João Espregueira Mendes (POR), Claudio Zorzi (ITA)
8:30 Current scientific evidence Nicola Maffulli (UK)
8:45 Clinical experience with footballers Ramon Cugat (ESP)
9:00 PRP and exercises Elizaveta Kon (ITA)
9:15 Discussion
9:30 End of the session

Session 6
Tendon Injury Interventions
Chairs: Paolo Adravanti (ITA), Tom Crisp (UK)
9:30 The history of interventions Mike Hutson (UK)
9:45 The timing of interventions in elite football Kristof Sas (BEL)
10:00 The management of tendon injuries Lynn Snyder-Mackler (USA)
10:15 Exercise and conservative treatment in patellar tendon Michele Gemignani (ITA)
10:30 Discussion
11:00 Break

Session 7
The Infrapatellar Tendon
Chairs: Nicola Maffulli (ITA), Maurilio Marcacci (ITA)
11:30 A clinical overview Christian Schneider (GER)
11:45 Case studies from La Liga Daniel Medina (ESP)
12:00 Rupture and repair Stefano Zaffagnini (ITA)
12:15 Can they return to full function post surgery? Andy Williams (UK)
12:30 Rehabilitation principles Jon Fearn (UK)
13:15 Break

Session 8
Injuries to the Quadriceps Femoris Muscle Group
Chairs: Donato Rosa (ITA), Richard Higgins (UK)
14:30 Complex anatomy of kicking muscles Alex Nieper (UK)
15:00 Return to training criteria Luis Serratosa (ESP)
15:15 The treatment of a quadriceps tear Marco Zanobbi (ITA)
15:30 Indications for surgery Stefan Hinterwimmer (GER)
15:45 Conservative and surgical treatments Andrea Ferretti (ITA)
16:00 Discussion
16:15 Break

Session 9
FIFA Medical Centres of Excellence - Case Reports
Chairs: Lars Peterson (SWE), Hakim Chalabi (QAT)
16:30 Italy Matthew Stride (UK)
16:40 Belgium Pieter D’Hooghe (BEL)
16:50 Czech Republic Jiri Chomiak (CZE)
17:00 Qatar Cristiano Eirale (QAT)
17:10 Germany Werner Krutsch (GER)
17:20 Sweden Magnus Forssblad (SWE)
17:30 Discussion
18:00 End of the session
Scientific Programme
Sunday 21st April, 2013
The Queen Elizabeth II Conference Centre
CHURCHILL AUDITORIUM

Session 13
Lessons from Rugby
Chairs: Jesús Olmo Navas (ESP), Julian Widdowson (UK)
8:30 Experiences from the Southern hemisphere Craig Roberts (RSA)
8:45 Muscle injuries in Rugby and Football Gianluca Melegati (ITA)
9:00 Experience from the Six Nations Phil Batty (UK)
9:15 Discussion
9:30 End of the session

Session 14
Young Athletes
Chairs: Gary Lewin (UK), Steve Lewis (UK)
9:30 Young female football players Elvire Servien (FRA)
9:45 The young footballer Anita Biswas (UK)
10:00 Overuse injuries in young footballers Piero Volpi (ITA)
10:15 Discussion
10:45 Break

Session 15
Injury Prevention
Chairs: Mark Bender (UK), Gino Kerkhoffs (NED)
11:30 Injury prevention with the FIFA 11+ Nicolas Mathieu (SUI)
11:45 The prevention of recurring muscle injuries Kyriakos Tsapralis (ITA)
12:00 Perfecting the rehabilitation process Holly Silvers (USA)
12:15 The role of the chiropractor Franco Cento (ITA)
12:30 Discussion
13:00 Break

Session 16
The Spine and Muscular Injuries
Chairs: Charlotte Cowie (UK), Michael Mayer (GER)
14:30 Lessons from Track & Field Juan Manuel Alonso (ESP)
14:45 Prolotherapy in footballers Simon Petrides (UK)
15:00 The role of spinal stability and biomechanics in the prevention programme Clive Lathey (UK)
15:45 Soft tissue injuries of the spine Michael Mayer (GER)
16:00 Discussion
16:15 Break

Session 17
Physical Therapies for muscle & tendon injuries
Chairs: Nicola Phillips (UK), Nikos Tzouroudis (UAE)
16:30 The role of therapeutic exercises Karen Hambly (UK)
16:45 Physical therapies in rehabilitation Steve Kemp (UK)
17:00 Which modality to choose and when Phil Glasgow (UK)
17:15 Experiences from both South Africa and the UK Wayne Diesel (UK)
17:30 Discussion
18:00 End of the session
Parallel Events

University College London (UCL) Symposium
Chaired by Dr. Fares Haddad
This symposium will cover scientific topics such as muscle physiology, the genetics of tendinopathies & muscular injuries and perspectives from physical therapy. International experts from University College London will form part of the faculty.
Confirmed Speakers To Date: Steve Harridge, Hugh Montgomery, Bruce Paton.

ECOSEP Workshop on the Diagnosis of Hamstring Injuries
Chaired by Dr. Nikos Malliaropoulos
The European College of Sports and Exercise Physicians workshop will highlight the clinical approach of the Sports Medicine Doctor, focusing on hamstring injuries from the mechanism of the lesion to imaging and diagnosis.
Confirmed Speakers To Date: Carl Askling, Otto Chan, Kyriakos Tsapralis.

Italian Society of Muscles, Ligaments and Tendons
Chaired by Prof. Nicola Maffulli
This event, organised by I.S.Mu.L.T., will present a proposal of new classifications for muscle injuries. Further topics will include the treatment of rotator cuff tears, the use of Hyaluronic Acid and evidence for using MSCs in tendons.
Confirmed Speakers To Date: Michele Abate, Antonio Frizziero, Francesco Oliva.

Supporting Organisation

In 2013, BASEM will celebrate its 60th Year. Formed by a group of doctors, mostly those who were acting as medical advisers to the Governing Bodies of sport, the aim of the organisation has always been to support and promote the discipline of Sport and Exercise Medicine in the UK, especially through education. BASEM has many strong international relationships and is one of the core groups involved with the British Journal of Sports Medicine.
## How You Can Get Involved

Our conference has always welcomed active involvement from professionals within the industry. The multidisciplinary nature of the event provides the perfect platform to present Free Oral Communications and Research Posters to your colleagues.

Oral Communications will take place in parallel halls over the whole weekend, and posters will be displayed for the full duration of the conference in a dedicated Poster area. Delegates will have the opportunity to view the posters and discuss them during the Poster Sessions.

All Scientific Contributions should be submitted to the Scientific Direction by way of Abstract by the 10th of January 2013. Summaries of all presentations will be included in the “Abstract Book” which is unique to our event and is distributed to all delegates.

For more information and abstract submissions, please contact the Conference Manager at the following email: congressi@isokinetic.com

## Scientific Programme

### Free Oral and Poster Sessions

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Session</th>
<th>Chairs</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Saturday 20th April, 2013</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:30-13:15</td>
<td>FREE ORAL</td>
<td>Orthopaedics</td>
<td>Angelo De Carli (ITA)&lt;br&gt;Gergely Panics (HUN)</td>
</tr>
<tr>
<td>14:30-16:15</td>
<td>FREE ORAL</td>
<td>Functional assessment</td>
<td>Marco Narici (UK)&lt;br&gt;Giulio Sergio Roi (ITA)</td>
</tr>
<tr>
<td>16:45-18:30</td>
<td>FREE ORAL</td>
<td>Case reports 2 (Muscles)</td>
<td>Gianni Nanni (ITA)&lt;br&gt;Ralph Rogers (UK)</td>
</tr>
<tr>
<td>13:30-14:30</td>
<td>POSTER A</td>
<td>Case reports 1 (Tendons)</td>
<td>Lorenzo Boldrini (ITA)&lt;br&gt;Lluis Til i Perez (ESP)</td>
</tr>
<tr>
<td></td>
<td>POSTER B</td>
<td>Modalities and rehabilitation</td>
<td>Kirsty Burrows (UK)&lt;br&gt;Stefano Respizzi (ITA)</td>
</tr>
<tr>
<td></td>
<td>POSTER C</td>
<td>Protocols</td>
<td>Diana Bianchedi (ITA)&lt;br&gt;Helen Millson (UK)</td>
</tr>
<tr>
<td><strong>Sunday 21st April, 2013</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:30-9:30</td>
<td>FREE ORAL</td>
<td>Case reports 1 (Tendons)</td>
<td>Lorenzo Boldrini (ITA)&lt;br&gt;Antonio Turmo (ESP)</td>
</tr>
<tr>
<td>9:30-11:00</td>
<td>FREE ORAL</td>
<td>Modalities and rehabilitation</td>
<td>Kirsty Burrows (UK)&lt;br&gt;Marco Zanobbi (ITA)</td>
</tr>
<tr>
<td>11:00-13:30</td>
<td>FREE ORAL</td>
<td>Protocols</td>
<td>Diana Bianchedi (ITA)&lt;br&gt;Helen Millson (UK)</td>
</tr>
<tr>
<td>13:30-14:30</td>
<td>POSTER E</td>
<td>Case reports 2 (Muscles)</td>
<td>Emanuele Brotto (ITA)&lt;br&gt;Matthew Stride (UK)</td>
</tr>
<tr>
<td></td>
<td>POSTER F</td>
<td>Functional assessment</td>
<td>Marco Narici (UK)&lt;br&gt;Giulio Sergio Roi (ITA)</td>
</tr>
<tr>
<td></td>
<td>POSTER G</td>
<td>Orthopaedics</td>
<td>Angelo De Carli (ITA)&lt;br&gt;Vincenzo Madonna (ITA)</td>
</tr>
</tbody>
</table>
Scientific Programme
Monday 22nd April, 2013
Wembley Stadium
Wembley Atrium & Royal Suite

8.30 Opening: welcome and introduction to the Summit
Giulio Sergio Roi (ITA)

9:00 10:30 Loading patterns during training and games
Chairs: Roy Hodgson (UK) - Ian Beasley (UK)

11:00 12:30 How to prevent fatigue in football: experience from across
European clubs
Chair: Marco Narici (UK)

12:30-13:30 Round Table: return to play after musculotendineous injuries
Hosted by Gianluca Vialli.
Panel composed of senior figures in club and international football
(managers, current & former players, team doctors)

14:00-14:30 Lecture:
FIFA F-MARC’s concept of prevention
Jiri Dvorak (SUI)

14:45-16:15 On-field tricks for functional recovery
Chairs: Bryan English (UK), Bill Knowles (USA)

16:15-17:45 On-field FIFA prevention programme
Chair: Nicolas Mathieu (SUI)

17.45 End of the Summit
Our Story

Isokinetic’s Education & Research Department

The Education & Research Department, the body in charge of organising this event, represents the cultural heart of the Isokinetic Medical Group, continually updating medical practices. As a FIFA Medical Centre of Excellence, we have a common aim to promote research and scientific sharing throughout the Football Medicine Community. Isokinetic Medical Group’s research findings are actively shared with the global Sports Medicine Community, with the hope to improve athlete and patient care around the world.

The First Conference

The first edition of the International Conference on Sports Rehabilitation and Traumatology was organised along the shores of Lake Garda, Northern Italy, in 1992. Its goal was to bring together Sports Medicine professionals to discuss the most important and relevant topics related to athletes’ health. We have worked hard to ensure that the core values, team ethic, friendship, hospitality and open networking which was symbolic of the first conference has remained in all subsequent editions.

Embracing New Trends

In 2012, the Football Medicine Strategies conference broke down barriers to participation by offering a Live Online Streaming service, with delegates able to watch the event live from offices, clinics and universities around the world. This would be the first time that a Football Medicine conference was streamed online and would set the trend for future events.

The 2013 Event

In 2013 we will celebrate the 22nd edition of the conference and the second consecutive time it has been organised in London, with support from both The FA and F-MARC. Following the recent opening of the Isokinetic Medical Group’s first clinic outside of Italy, in the heart of London, we welcome friends and colleagues to join us for this special occasion.
The Last 3 Isokinetic Conferences

2010

XIX International Conference on Sports Rehabilitation and Traumatology

Functional Outcome. Optimizing Functional Outcome in Orthopaedic and Sports Traumatology

April 10-11th, 2010 - BOLOGNA
Convention Centre Trade Fair District

Number of registered participants
Bologna 2010 1316

Profile of participants
20 - 30 y.o. 62%
31 - 45 y.o. 20%
Over 45 18%

Professions
Doctors 55%
Physiotherapists 15%
Other (coaches, etc.) 30%

Origin
Italian Delegates 95%
International Delegates 5%
Countries Represented 12

Speakers and Free Communications
Free Oral Communications 69
Free Poster Communications 68

2011

XX International Conference on Sports Rehabilitation and Traumatology

Health for the Football Player

March 12-13th, 2011 - BOLOGNA
Convention Centre Trade Fair District

Number of registered participants
Bologna 2011 1745

Profile of participants
20 - 30 y.o. 22%
31 - 45 y.o. 66%
Over 45 15%

Professions
Doctors 54%
Physiotherapists 27%
Other (coaches, etc.) 19%

Origin
Italian Delegates 87%
International Delegates 13%
Countries Represented 34

Speakers and Free Communications
Free Oral Communications 55
Free Poster Communications 79

2012

XXI International Conference on Sports Rehabilitation and Traumatology

Football Medicine Strategies for Knee Injuries

April 21st-22nd, 2012 - LONDON
Stamford Bridge Stadium

Number of registered participants
London 2012 1105

Profile of participants
20 - 30 y.o. 28%
31 - 45 y.o. 52%
Over 45 21%

Professions
Doctors 51%
Physiotherapists 37%
Other (coaches, etc.) 12%

Origin
Italian Delegates 38%
International Delegates 62%
Countries Represented 63

Speakers and Free Communications
Free Oral Communications 58
Free Poster Communications 47
<table>
<thead>
<tr>
<th>Name</th>
<th>Location</th>
<th>Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abate Michele</td>
<td>Ancona (ITA)</td>
<td>Physiatrist, Centro Polispecialistico Villa Musone</td>
</tr>
<tr>
<td>Axe Michael</td>
<td>Newark (USA)</td>
<td>Orthopaedic Surgeon &amp; Clinical Professor, University of Delaware</td>
</tr>
<tr>
<td>Askling Carl</td>
<td>Stockholm (SWE)</td>
<td>Sports Physician, Researcher and lecturer, Swedish School of Sport and Health Sciences and Department of Molecular Medicine and Surgery, Karolinska Institutet</td>
</tr>
<tr>
<td>Alfredson Hakan</td>
<td>Umea (SWE)</td>
<td>Orthopaedic Surgeon, Professor of Sports Medicine, Umea University. Board member of the Swedish Sports Medicine Society</td>
</tr>
<tr>
<td>Alonso Juan Manuel</td>
<td>Madrid (ESP)</td>
<td>Sports Physician, Chief Medical Officer, IAAF and Royal Spanish Athletics Federation</td>
</tr>
<tr>
<td>Andersen Thor Einar</td>
<td>Oslo (NOR)</td>
<td>Sports Physician, Team doctor Norwegian Men's National Team. Medical director of The Norwegian FA Medical Clinic and Associate Professor, Oslo Sports Trauma Research Center, FIFA Medical Centre of Excellence</td>
</tr>
<tr>
<td>Batty Phil</td>
<td>North Yorkshire (UK)</td>
<td>England National Rugby Team Doctor</td>
</tr>
<tr>
<td>Beasley Ian</td>
<td>London (UK)</td>
<td>Sports Physician, Head of Medical Services, The FA Chief Medical Officer, The Royal Ballet</td>
</tr>
<tr>
<td>Bahr Roald</td>
<td>Oslo (NOR)</td>
<td>Professor of Sports Medicine, Oslo Sports Trauma Research Center, Norwegian School of Sports Sciences. Chief Medical Officer and Department chair for Olympiatoppen, Department of Sports Medicine at the Norwegian Olympic Training Center</td>
</tr>
<tr>
<td>Benge Mark</td>
<td>London (UK)</td>
<td>Consultant Physiotherapist, Clinical Director, Beyond Health, London</td>
</tr>
<tr>
<td>Bianchetti Diana</td>
<td>Rome (ITA)</td>
<td>Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence</td>
</tr>
<tr>
<td>Biswas Anita</td>
<td>London (UK)</td>
<td>Consultant in Sport and exercise Medicine, English Institute of Sport, Bisham</td>
</tr>
<tr>
<td>Beasley Simon</td>
<td>London (UK)</td>
<td>Consultant Musculoskeletal Radiologist. Partner at Advanced Skeletal Imaging Partners</td>
</tr>
<tr>
<td>Benazzio Francesco</td>
<td>Pavia (ITA)</td>
<td>Orthopedic Surgeon &amp; Professor, University of Pavia, Consultant to FC Internazionale and Italian Track &amp; Field</td>
</tr>
<tr>
<td>Blease Simon</td>
<td>London (UK)</td>
<td>Consultant, University of Delaware</td>
</tr>
<tr>
<td>Bell Jonathan</td>
<td>Kingston Upon Thames (UK)</td>
<td>Orthopaedic Surgeon, Orthopaedic Consultant at The New Victoria Hospital, Kingston</td>
</tr>
<tr>
<td>Beradavanti Paolo</td>
<td>Parma (ITA)</td>
<td>Orthopaedic Surgeon, Consultant to Parma FC, Director of the Orthopaedic Department, Casa di Cura Città di Parma. President SIGASCOT</td>
</tr>
<tr>
<td>Bisti Diana</td>
<td>Rome (ITA)</td>
<td>Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence</td>
</tr>
<tr>
<td>Blease Simon</td>
<td>London (UK)</td>
<td>Consultant Musculoskeletal Radiologist. Partner at Advanced Skeletal Imaging Partners</td>
</tr>
<tr>
<td>Name</td>
<td>Country</td>
<td>Position</td>
</tr>
<tr>
<td>-----------------------</td>
<td>---------</td>
<td>---------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Boldrini Lorenzo</td>
<td>Milan (ITA)</td>
<td>Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence</td>
</tr>
<tr>
<td>Bradshaw Chris</td>
<td>Geelong (AUS)</td>
<td>Sports Physician, Head of Sports Medicine, Geelong AFL, Sport and Exercise Medicine Physician, Olympic Park Sports Medicine Centre</td>
</tr>
<tr>
<td>Broto Emanuele</td>
<td>Verona (ITA)</td>
<td>Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence</td>
</tr>
<tr>
<td>Brown James</td>
<td>Leeds (UK)</td>
<td>Sports Physician, Clinical Director Health Partners Europe Ltd, Clinical Director Global Sports Medicine, Medical Consultant to the Northern Ballet Theatre Company</td>
</tr>
<tr>
<td>Brukner Peter</td>
<td>Liverpool (UK)</td>
<td>Sports Physician, Team Doctor, Australian Cricket Team</td>
</tr>
<tr>
<td>Burrows Kirsty</td>
<td>London (UK)</td>
<td>Physiotherapist, Isokinetic Medical Group - FIFA Medical Centre of Excellence</td>
</tr>
<tr>
<td>Calder James</td>
<td>London (UK)</td>
<td>Foot &amp; Ankle Surgeon, Chelsea &amp; Westminster Hospital and Fortius Clinic</td>
</tr>
<tr>
<td>Castagna Alessandro</td>
<td>Milan (ITA)</td>
<td>Orthopaedic surgeon, Head of the Shoulder Surgery Unit Humanitas Clinic Institute</td>
</tr>
<tr>
<td>Cento Franco</td>
<td>Torino (ITA)</td>
<td>Chiropractor, Isokinetic Medical Group - FIFA Medical Centre of Excellence</td>
</tr>
<tr>
<td>Chalabi Hakim</td>
<td>Doha (QAT)</td>
<td>Assistant CMO ASPETAR Qatar Orthopedic and Sport Medicine Hospital - FIFA Medical Centre of Excellence. Previously of Paris St. Germain FC</td>
</tr>
<tr>
<td>Chan Otto</td>
<td>London (UK)</td>
<td>Radiologist, Consultant Radiologist at London SportsCare</td>
</tr>
<tr>
<td>Chomiak Jiri</td>
<td>Prague (CZE)</td>
<td>Orthopaedic Surgeon, Associate professor of Orthop. Surgery, University of Prague, FIFA Medical Centre of Excellence</td>
</tr>
<tr>
<td>Cowie Charlotte</td>
<td>London (UK)</td>
<td>Sports Physician, Clinical Director of Perform at St George's Park</td>
</tr>
<tr>
<td>Crisp Tom</td>
<td>London (UK)</td>
<td>Sports Physician, Chair at BASEM, Clinical Director MSK Services at BUPA Health &amp; Wellness UK, Sports Physician at London Sportscare</td>
</tr>
<tr>
<td>Cugat Ramon</td>
<td>Barcelona (ESP)</td>
<td>Orthopaedic Surgeon, Garcia Cugat Foundation Arthroscopy GC, Quiron Hospital, Orthopaedic Consultant to Professional Football Clubs</td>
</tr>
<tr>
<td>Danelon Furio</td>
<td>Milan (ITA)</td>
<td>Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence</td>
</tr>
<tr>
<td>Davies Mark</td>
<td>London (UK)</td>
<td>Orthopaedic Surgeon, Founder and Clinical Director of the London Foot and Ankle Centre, London</td>
</tr>
<tr>
<td>Davison Mike</td>
<td>London (UK)</td>
<td>London Managing Director, Isokinetic Medical Group - FIFA Medical Centre of Excellence</td>
</tr>
</tbody>
</table>
De Carli Angelo  
Rome (ITA)  
Orthopaedic Surgeon and Sports Physician, University of Rome, Italian U21 Team Physician

Delcogliano Antonio  
Rome (ITA)  
Orthopaedic Surgeon S. Carlo di Nancy Hospital  
Associated Professor University Cattolica Sacro Cuore

Della Villa Stefano  
Bologna (ITA)  
Physiatrist, President of Isokinetic Medical Group - FIFA Medical Centre of Excellence

D’Hooghe Michael  
Bruges (BEL)  
FIFA and UEFA Medical Committee chairman. FIFA Executive Committee Member

D’Hooghe Pieter  
Bruges (BEL)  
Orthopaedic Surgeon Head of the Sports Surgical Department of the Flanders, FIFA Medical Centre of Excellence. Orthopaedic Surgery Department at Aspetar

Diesel Wayne  
London (UK)  
Physiotherapist & Sports Scientist, Head of Medical Services, Tottenham Hotspur FC

Dvorak Jiri  
Zurich (SUI)  
Chief Medical Officer, FIFA - Chairman of F-MARC - IOC Medical and Science Committee Member

Eirale Cristiano  
Doha (QAT)  
Sports Physician, ASPETAR, Orthopedic and Sport Medicine Hospital - FIFA Medical Centre of Excellence - Qatar National Football Team Doctor

Ekstrand Jan  
Linköping (SWE)  
Orthopaedic Surgeon & Professor of Sports Medicine, Vice President UEFA Medical Committee

English Bryan  
London (UK)  
Sports Physician, Lawn Tennis Association London Medical Director, Isokinetic Medical Group - FIFA Medical Centre of Excellence

Espregueira-Mendes João  
Porto (POR)  
Orthopaedic Consultant to FC Porto. Vice-President of the ESSKA, Chairman and Professor, Orthopaedic Department of Minho University

Fearn Jon  
London (UK)  
Physiotherapist First Team at Chelsea Football Club

Ferretti Andrea  
Rome (ITA)  
Orthopaedic Surgeon and Sports Physician Member of UEFA, Medical Committee FIFA Professor of Orthopaedics and Traumatology, University of Rome

Forssblad Magnus  
Stockholm (SWE)  
Orthopaedic Surgeon, Stockholm Sports Trauma Research Center, FIFA Medical Centre of Excellence. Chairman of the Medical Committee of the Swedish Football Association. Chairman of the Sports Committee of ESSKA

Frizziero Antonio  
Padova (ITA)  
Physiatrist, Assistant Professor in Physical Medicine and Rehabilitation, University of Padova

Gemignani Michele  
Rome (ITA)  
Sports Physician, First Team A.S. Roma 2012-2013

Giannini Sandro  
Bologna (ITA)  
Orthopaedic Surgeon & Professor of Orthopaedics and Traumatology, University of Bologna Director of Movement Analysis Laboratory

Glasgow Phil  
Belfast (UK)  
Sports Physician, Head of Sports Medicine at Sports Institute Northern Ireland
Gobbi Alberto
Milan (ITA)
Orthopaedic Surgeon and Sports Physician
President of Orthopaedic Arthroscopic Surgery International. Founder of OASI Bioresearch Foundation Gobbi ONLUS

Hambly Karen
London (UK)
Physiotherapist, Senior Lecturer, School of Sport and Exercise Sciences, University of Kent

Haddad Fares
London (UK)
Consultant Orthopaedic Surgeon, Professor of Orthopaedic and Sports Surgery, University College Hospital and the Institute of Sport, Exercise & Health

Harridge Steve
London (UK)
Physiologist, Professor of Human & Applied Physiology and Director of the Centre of Human and Aerospace Physiological Sciences (CHAPS), Kings College London

Healy Jerry
London (UK)
Consultant MSK Radiologist The Fortius Clinic, Chelsea and Westminster Hospital, Honorary Senior Lecturer Imperial College London

Higgins Richard
Sheffield (UK)
Medical Officer, Sheffield Wednesday and England U21 Football and Northern Lead Sports Physician to the English Institute of Sport

Hinterwimmer Stefan
Munich (GER)
Orthopaedic and trauma surgeon

Holmich Per
Copenhagen (DEN)
Orthopaedic Surgeon, MD Associate Research Professor and Chief Surgeon, Amager Hospital, Copenhagen

Hutson Mike
London (UK)
Musculoskeletal Physiologist, Royal London Hospital for Integrated Medicine, and past President of British Institute of Musculoskeletal Medicine (BIMM)

Kemp Simon
London (UK)
Sports Physician, Head of Sports Medicine, Rugby Football Union

Kemp Steve
St. George’s Park (UK)
Elite Football Physiotherapist at St George’s Park Working on behalf of The Football Association & Perform

Kemp Steve
St. George’s Park (UK)
Elite Football Physiotherapist at St George’s Park Working on behalf of The Football Association & Perform

Kerkhoffs Gino
Amsterdam (NED)
Orthopedic Surgeon, Academic Medical Centre, Amsterdam. Member of the Dutch Medical Society, Dutch Orthopaedic Society, Dutch Orthopaedic Traumatology Society

Knowles Bill
Vermont (USA)
Certified Athletic Trainer and Director of iSPORT Training at the Vermont Orthopaedic Clinic

Kon Elizaveta
Bologna (ITA)
Orthopaedic Surgeon, Rizzoli Orthopaedic Institutes, Member of the board at ICRS, President of Cartilage committee of SIGASCOT

Krutsch Werner
Regensburg (GER)
Orthopaedic Surgeon and Sports Physician, Medical Coordinator of FIFA Medical Centre of Excellence Regensburg
Lathey Clive
London (UK)
Osteopath, Clinic Director at The Putney Clinic of Physical Therapy, Isokinetic Medical Group - FIFA Medical Centre of Excellence

Lewin Gary
London (UK)
Head of Physiotherapy at The Football Association and England National Football Team

Lewis Steve
Fulham (UK)
Sports Physician. First Team Doctor, Fulham FC

Maffulli Nicola
London (UK)
Centre Lead and Professor of Sports and Exercise Medicine, Consultant Trauma and Orthopaedic Surgeon, Queen Mary University of London

Malliaropoulos Nikos
Thessaloniki (GRE)
Sports Medicine Physician, EJU Medical Committee Member, General Secretary ECOSEP

Mandelbaum Bert
Santa Monica (USA)
Director, Santa Monica FIFA Medical Center of Excellence, Co-Director Chan Soon Shiong Musculoskeletal Institute at Saint Johns Hospital, Member F-MARC Committee, Team Physician, Pepperdine University, LA Galaxy, Chivas USA, Assistant Medical Director

Marcacci Maurilio
Bologna (ITA)
Orthopaedic Surgeon & Professor, University of Bologna, Head of Biomechanics Laboratory, Rizzoli Orthopaedics Institutes

Margheritini Fabrizio
Rome (ITA)
Orthopaedic Surgeon, University of Rome

Mathieu Nicolas
Bramois (SUI)
Physiotherapist, University of Applied Sciences, PT of Swiss National Team Football U21 FIFA 11+ Instructor Vice President of the Swiss Sports Physiotherapy Association

Mayor Michael
Munich (GER)
Orthopaedic Surgeon Medical Director of the Orthopaedic Clinic Munich-Harlaching - FIFA Medical Centre of Excellence

Medina Daniel
Barcelona (ESP)
Sports Physician Medical staff of Barcelona FC

Melegati Gianluca
Milan (ITA)
Sports Physician and Physiatrist, Istituto Ortopedico Galeazzi, Head of Medical Staff National Rugby Team

Millson Helen
Ipswich (UK)
M. Phil. Sports Physio; MCSP

Minola Riccardo
Milan (ITA)
Orthopaedic Surgeon, Polo Chirurgico Capitanio Istituto Auxologico Italiano

Mithoefer Kai
Chestnut Hill (USA)
Assistant Medical Director Major League Soccer, Team Physician US Soccer Federation, Director of Sports Medicine, Harvard Vanguard Medical Associates - Boston

Montgomery Hugh
London (UK)
Physiologist, Chair of Intensive Care Medicine (Honorary Consultant), Faculty of Medical Sciences, University College London
Respizzi Stefano
Milan (ITA)
Physiatrist and Sports Physician. Head of the Rehabilitation Department. Humanitas Clinic Institute of Milan

Roberts Craig
Durban (RSA)
Sports Physician, South African National Rugby Team Doctor

Roi Giulio Sergio
Bologna (ITA)
Director of the Education and Research Department. Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence

Rosa Donato
Naples (ITA)
Orthopaedic Surgeon, University Federico II

Sas Kristof
Bruges (BEL)
Sports Physician, Medical director Club Brugge KV, Belgium

Schneider Christian
Munich (GER)
Orthopaedic Surgeon & Chief Physician, Munich-Harlaching Orthopaedic Clinic - FIFA Medical Centre of Excellence

Serratosa Luis
Madrid (ESP)
Sports Physician, First Team Physician, Real Madrid FC

Silvers Holly
Santa Monica (USA)
Physical Therapist, Santa Monica Sports Medicine Foundation, US Soccer Federation Medical Team, FIFA Medical Centre of Excellence

Smith Graham
Glasgow (UK)
Physiotherapist, Professor and independant rehabilitation and sports injury consultant

Snyder Mackler Lynn
Newark (USA)
Professor in the Dept. of Physical Therapy, Academic Director of Biomechanics and Movement Science, University of Delaware

Sonnery-Cottet Bertrand
Lyon (FRA)
Orthopaedic Surgeon, Centre Orthopedique Santy, FIFA Medical Centre of Excellence

Stride Matthew
London (UK)
Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence

Tencone Fabrizio
Turin (ITA)
Consultant of Juventus FC - Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence

Til i Perez Lluis
Barcelona (ESP)
Consultant to FC Barcelona - Head of Health Unit, Centre for High Performance (CAR), Sant Cugat del Vallès

Tsapralis Kyriakos
Athens (GRE)
Orthopaedic Surgeon, Director Orthopaedic Sports Medicine Clinic Athens Medical Center. Director MIOSMED Center. Vice President Medical Committee Hellenic Volleyball Federation

Tsoukas Dimitrios
Athens (GRE)
Orthopaedic Surgeon, Director Orthopaedic Sports Medicine Clinic Athens Medical Center. Director MIOSMED Center. Vice President Medical Committee Hellenic Volleyball Federation
Turmo Antonio
Barcelona (ESP)
Sports Physician,
Centre of High
Performance (CAR),
Sant Cugat del Valles

Wallace Andrew
London (UK)
Orthopaedic Surgeon,
Consultant
Orthopaedic Surgeon
at Hospital of St John
and St Elizabeth,
London and Fortius
Clinic

Zorzi Claudio
Verona (ITA)
Orthopaedic Surgeon,
Sacro Cuore Don
Calabria Hospital of
Negrar, President of
SIGASCOT

Tzouroudis Nikos
Al Ain (UAE)
Sports Physician
Chief Medical Officer
Al Ain FC UAE

Widdowson Julian
Bath (UK)
Consultant in Sports
Medicine, Bath Rugby
Consultant MSK
Medicine, Sirona
Health Care Lead
Sports Physician,
Circle Bath Hospital

Zunarelli Pierpaolo
Bologna (ITA)
Sports Physician,
Isokinetic Medical
Group - FIFA Medical
Centre of Excellence

Ueblaker Peter
Munich (GER)
Orthopaedic Surgeon,
Sports Physician and
Chiropractor, Team
Doctor of FC
Bayern Munich,
Germany

Williams Andy
London (UK)
Orthopaedic Surgeon,
Knee Surgeon Fortius
Clinic, Reader at
Imperial College
London, and
Honorary Senior
Research Fellow
University of Oxford

Walden Markus
Linköping (SWE)
Orthopaedic surgeon
Football Research
Group Linköping

Zaffagnini Stefano
Bologna (ITA)
Associate Professor,
Sports Traumatology
Unit, Rizzoli Orthopaedic
Institutes, University of
Bologna. 1st Vice
President SIGASCOT

Zanobbi Marco
Rimini (ITA)
Physiotherapist,
Isokinetic Medical
Group - FIFA Medical
Centre of Excellence

Volpi Piero
Milan (ITA)
Orthopaedic Surgeon
and Sports Physician,
Head of Surgery,
Humanitas Institute,
Consultant Italian
Footballer’s
Association. Vice
President Antidoping
Committee FIGC

Veblen Peter
Munich (GER)
Orthopaedic Surgeon,
Sports Physician and
Chiropractor, Team
Doctor of FC
Bayern Munich,
Germany

Turmo Antonio
Barcelona (ESP)
Sports Physician,
Centre of High
Performance (CAR),
Sant Cugat del Valles

Wallace Andrew
London (UK)
Orthopaedic Surgeon,
Consultant
Orthopaedic Surgeon
at Hospital of St John
and St Elizabeth,
London and Fortius
Clinic

Zorzi Claudio
Verona (ITA)
Orthopaedic Surgeon,
Sacro Cuore Don
Calabria Hospital of
Negrar, President of
SIGASCOT

Tzouroudis Nikos
Al Ain (UAE)
Sports Physician
Chief Medical Officer
Al Ain FC UAE

Widdowson Julian
Bath (UK)
Consultant in Sports
Medicine, Bath Rugby
Consultant MSK
Medicine, Sirona
Health Care Lead
Sports Physician,
Circle Bath Hospital

Zunarelli Pierpaolo
Bologna (ITA)
Sports Physician,
Isokinetic Medical
Group - FIFA Medical
Centre of Excellence

Ueblaker Peter
Munich (GER)
Orthopaedic Surgeon,
Sports Physician and
Chiropractor, Team
Doctor of FC
Bayern Munich,
Germany

Williams Andy
London (UK)
Orthopaedic Surgeon,
Knee Surgeon Fortius
Clinic, Reader at
Imperial College
London, and
Honorary Senior
Research Fellow
University of Oxford

Walden Markus
Linköping (SWE)
Orthopaedic surgeon
Football Research
Group Linköping

Zaffagnini Stefano
Bologna (ITA)
Associate Professor,
Sports Traumatology
Unit, Rizzoli Orthopaedic
Institutes, University of
Bologna. 1st Vice
President SIGASCOT

Zanobbi Marco
Rimini (ITA)
Physiotherapist,
Isokinetic Medical
Group - FIFA Medical
Centre of Excellence

Volpi Piero
Milan (ITA)
Orthopaedic Surgeon
and Sports Physician,
Head of Surgery,
Humanitas Institute,
Consultant Italian
Footballer’s
Association. Vice
President Antidoping
Committee FIGC
How to Join Us

The Queen Elizabeth II Conference Centre
Broad Sanctuary, Westminster, London SW1P 3EE

Wembley Stadium
Wembley, London HA9 0WS

Commercial Opportunities

The Scientific Director encourages commercial partners to participate in this event. Opportunities include exhibition booths, inserts in delegate bags and the sponsoring of conference sessions. Customised solutions also available.

Contributing to the culture of the conference by way of scientific content, we also encourage exhibitors and sponsors to submit both oral and poster presentations on topical issues and would support those looking to organise private workshops. The involvement of partner companies is fundamental to the success of this conference and with your contribution, many delegates will leave the event with new ideas to be implemented in the field.

For all those interested in the Exhibitor Information Pack, please contact the Conference Manager at the following email address: congressi@isokinetic.com.

Key Dates

Deadline for abstract submission 10th January 2013
Notification to authors 10th February 2013
Deadline for early registrations 1st February 2013
Deadline to register online 17th April 2013
Registration

For online registration please visit www.FootballMedicineStrategies.com and fill the form in the 2013 Conference Section.

The registration fee for participants includes:
- Admission to all scientific sessions
- Admission to the exhibition hall and networking area
- Admission to sponsored workshops (dependent on room capacity)
- Conference material (conference bag, abstract book & conference programme)
- Tea & coffee breaks
- Certificate of participation

Payment
Payment for the Conference can be made by Credit Card and Bank Transfer. All payments must reflect the registration option selected and deferred payments will not be accepted. Further information is available at www.FootballMedicineStrategies.com

Students
Students are entitled to a reduced fee. Valid certification by fax (+39 051 2986886) or by e-mail (congressi@isokinetic.com) is required.

Cancellation
If you need to cancel your registration, please notify us by fax (+39 051 2986886) or by e-mail (congressi@isokinetic.com). There is a refund of 70% of registration fee before 20th March 2013.

Official Language
The official language is English. Simultaneous translation is not provided.

Accommodation
Zibrant are the appointed booking agency for Isokinetic events taking place at The QEII Conference Centre and have negotiated special rates for you to book via their simple online booking tool. There are no hidden or additional fees for the booking. A form of guarantee will be required at the time of booking and payment will be required upon arrival/departure with the hotel. Please see a list of hotels we are holding below and visit link to make your booking: http://link.zibrantallocations.com/tUnFq

<table>
<thead>
<tr>
<th>HOTEL</th>
<th>SPECIAL RATE (VAT and breakfast included)</th>
<th>WEB-SITE</th>
<th>DETAILS</th>
</tr>
</thead>
<tbody>
<tr>
<td>InterContinental Westminster *****</td>
<td>£282 Single/Double</td>
<td><a href="http://www.intercontinental.com">www.intercontinental.com</a></td>
<td>Brand New 5 star hotel and the closest to the QEII ICC</td>
</tr>
<tr>
<td>St. Ermins **** (Mgallery)</td>
<td>£204 Single £228 Double</td>
<td><a href="http://www.sterminshotel.co.uk">www.sterminshotel.co.uk</a></td>
<td>Recently renovated 4 star deluxe hotel located across from Scotland Yard - 5 minute walk from the QEII ICC</td>
</tr>
<tr>
<td>Park Plaza **** Westminster Bridge</td>
<td>£204 Single £216 Double</td>
<td><a href="http://www.parkplaza.com">www.parkplaza.com</a></td>
<td>4 star hotel located close to Waterloo Station - 5 minute walk across Westminster Bridge to The QEII ICC</td>
</tr>
<tr>
<td>DoubleTree by Hilton **** Westminster</td>
<td>£210 Single £234 Double</td>
<td><a href="http://doubletree3.hilton.com">http://doubletree3.hilton.com</a></td>
<td>Modern hotel located close to The Houses of Parliament. Free use of IMAC’s in all rooms</td>
</tr>
<tr>
<td>Holiday Inn Express *** London Victoria</td>
<td>£145 Single/Double</td>
<td><a href="http://www.hiexpress.com/Victoria">www.hiexpress.com/Victoria</a></td>
<td>Budget hotel located close to Pimlico Station</td>
</tr>
<tr>
<td>The Rubens **** at the Palace</td>
<td>£210 Single £222 Double</td>
<td><a href="http://www.rubenshotel.com">www.rubenshotel.com</a></td>
<td>4 star deluxe boutique hotel located close to Buckingham Palace and Victoria Station</td>
</tr>
<tr>
<td>The Kensington *** Close Hotel</td>
<td>£130 Single £140 Double</td>
<td><a href="http://www.kensingtonclosehotel.com">www.kensingtonclosehotel.com</a></td>
<td>Close to High Street Kensington Tube Station. Direct route via Circle line to Westminster - 15 minutes</td>
</tr>
<tr>
<td>Apex **** Temple Court</td>
<td>£149 Single £159 Double</td>
<td><a href="http://www.apexhotels.co.uk">www.apexhotels.co.uk</a></td>
<td>Recently opened hotel close to Fleet Street. Catch the tube at Temple to Westminster in just 2 stops</td>
</tr>
<tr>
<td>Corus **** Hyde Park</td>
<td>£170.40 Single £182.40 Double</td>
<td><a href="http://www.corushotels.com">www.corushotels.com</a></td>
<td>Located close to Kensington Gardens and 1 minute walk to Lancaster Gate Tube Station</td>
</tr>
</tbody>
</table>