

THE ORGANIZATION OF REHABILITATION AT TOP EUROPEAN CLUBS: JUVENTUS FC

Tencone F

Juventus Football Club; Isokinetic Medical Group,
FIFA Medical Centre of Excellence, Turin, Italy



The organization chart of the Juventus Football Club Medical Department is shown in Figure 1. When a player has an injury he refers to the team doctor who starts to manage the injured player from the diagnosis to the return to play.

Just defined the diagnosis the team doctor must communicate the most important response: the prognosis to the coach and to the media.

At this point begins the rehabilitation program that, in the early stages is followed by the group of physiotherapists, and that the last period is followed by sports therapist on the field.

Before returning to the team the player is tested for functional assessment of the recovery. After return to the team the player continues a customised programme for the prevention of re-injury.

