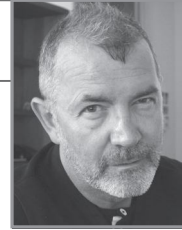


MRI IN ACUTE FOOTBALL INJURIES

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Our Radiology group report over 1,000 Magnetic Resonance Imaging (MRI) examinations a year in professional footballers from over 30 professional teams in the UK.

This covers elite first team squad, academy and female players.

Lower limb injuries are the most common acute injuries investigated by MRI.

Muscle injuries during games and training are the most common injuries, followed by acute ankle and knee injuries in competitive games.

MRI identifies overuse and overload injuries throughout the skeleton which produce acute symptoms especially in the younger professional players.

It is important to know the frequency of different injuries and the anatomical sites of injury where MRI is useful.

MRI can be utilised to delineate the extent and complexity of injury and in defining injury when signs may be vague due to player pain and discomfort.

Finally, MRI findings can help to predict: lay-off time; the need for surgery; or the utility of Ultrasound-guided intervention.